

Sionature:





Date: Thursday, June 1st, 2023

Location: Firestone Pool in Firestone Park, 338 E. Park Ave, Columbiana, Ohio 44408

Start Time: 5K Run/Walk begins at 7:30pm

 All participants have access to a free pool party at 8pm immediately following the race! The pool party is reserved for race participants ONLY!

Information: Registration also available online at www.SandBFoundation.org.

Course: The course consists of residential streets, Firestone Park and paved walking paths.

Race Day Packet Pick-Up: Firestone Pool from 6:15pm-7:15pm on race day.

Tshirts: Shirts are guaranteed to the first 100 registered.

Awards: Top three overall men and women. Top three in the following age groups:

(14 & Under ,15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-Up)



Entry Fee: Registration - \$30.00 for 5K \$10.00 Swim Only Option is also available for family members of participants that would like to swim, but not										
participate i	n the	run	(no s	shirt	include	d).				
≪					* <i>P</i>	Please Make All Checks Paya I Entries To: 4015 Lower Elkt	ble To: S & B			
NAME:							AGE ON RACE DAY:			
SHIRT SIZE:	2X	2	М	L	XL	EVENT:	5K (\$30)	Virtual 5K (\$30)	Swim Only (\$10)	
ADDRESS:						CITY:		STATE:	ZIP:	
EMAIL ADDRESS:							PHONE NUMBER:			

Parent or Guardian must sign for participants under 18 years of age.

I know that running a road reac is a potentially hazardous activity which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, including the right of any official to deep or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including the right of any official to deep or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including the right of any official to deep or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including the right of any official to deep or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including the right of any official to deep or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including the right of any official to deep or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including the right of any official to deep or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including the refers to the weather including cold temporarity of any official reason in the reason of a reason of a reason of a reason to any official reason in the reason of a reason

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